

Icebreaker Questions for Meetings

Relationship building is an effective tool for strengthening a team. Take some time before a meeting to learn about each other and have some fun.

1. What was your first job in high school or college?
2. Describe your first car.
3. Name an item on your bucket list.
4. Name your favorite quote from a movie.
5. What is your pet's name? Why did you give them that name?
6. What was the first concert you attended and when?
7. What TV show did you like as a kid?
8. What is your pet peeve?
9. Share a personal quirk.
10. You're stranded on an island. What three items or entertainment will you miss?
11. Do you have any irrational fears or phobias? (i.e. getting stuck in an elevator)
12. What advice would you give your younger self?
13. Do you collect anything when you travel? If not, do you have a favorite souvenir?
14. Name three things you like about your favorite season of the year.
15. What is the best dish you know how to make?
16. Do you make your bed every day? Why or why not?
17. What is your dream vacation?
18. What is a favorite family tradition or meal?
19. What is your comfort food?
20. If you won the lottery, what is the first thing you would buy for yourself?

